

# Learning Continuum

August 2023



## Term of the month: Reinforcer's

### What is reinforcement?

A reinforcer is a “thing” that increases/ maintains a behavior. Reinforcers are different for everyone and it can change day to day. The delivery of reinforcement is chosen and implemented for many reasons to increase and shape the desired behavior and it will gradually fade to a more natural reinforcement schedule.

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### TYPES OF REINFORCEMENT

- **Positive Reinforcement:**  
Something is added after the behavior which results in a future increase in the behavior.
- **Negative Reinforcement:**  
Something that is removed after the behavior, which results in a future increase in the behavior.

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### TYPES OF REINFORCES

- Edibles: food, drinks
- Activities: videos, games
- Social: Tickles, High-fives
- Verbal: phrases like “wow”, “awesome job”

### Negative Reinforces

- Break from work
- Getting their hands dirty when working on a craft and going to the restroom to wash hands

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### HOW AND WHEN

- Be sure to deliver the reinforcer immediately after the desired behavior.
- Match the reinforcement with the behavior. Prompted behavior should be reinforced with lower ranked reinforces and high ranked reinforces should be given for independent responses.
- Make sure the selected reinforcer is valuable/ motivating enough to the kiddo.



**Kids cooking class**

Maggiano's is hosting a kids cooking class on **August 19** more details on [evenbrite.com](https://www.evenbrite.com)



**Painting with a twist**  
Painting with a twist is hosting a neon night with the family on **August 20**



### Sensory event at the space center

The Houston space center will have a sensory day to explore science and space **August 20** [Kidscityguide.com](https://www.kidscityguide.com)